

African capitals

54 country entries / Regional reference / Read. Cover. Recall.

Western Africa

COUNTRY	CAPITAL / ROLE
Benin	Porto-Novo
Burkina Faso	Ouagadougou
Cabo Verde	Praia
Côte d'Ivoire	Yamoussoukro
Gambia	Banjul
Ghana	Accra
Guinea	Conakry
Guinea-Bissau	Bissau
Liberia	Monrovia
Mali	Bamako
Mauritania	Nouakchott
Niger	Niamey
Nigeria	Abuja
Senegal	Dakar
Sierra Leone	Freetown
Togo	Lomé

Northern Africa

COUNTRY	CAPITAL / ROLE
Algeria	Algiers
Egypt	Cairo
Libya	Tripoli
Morocco	Rabat
Sudan	Khartoum
Tunisia	Tunis

Middle / Central Africa

COUNTRY	CAPITAL / ROLE
Angola	Luanda
Cameroon	Yaoundé
Central African Republic	Bangui
Chad	N'Djamena
Congo	Brazzaville
DR Congo	Kinshasa
Equatorial Guinea	Ciudad de la Paz
Gabon	Libreville
São Tomé and Príncipe	São Tomé

SCOPE & NOTES

54 country entries. Capital roles are shown where relevant. Equatorial Guinea uses Ciudad de la Paz following the 2 January 2026 government announcement. Source links and current notes are on the online reference.

African capitals

54 country entries / Regional reference / Continued

Eastern Africa

COUNTRY	CAPITAL / ROLE
Burundi	Gitega
Comoros	Moroni
Djibouti	Djibouti
Eritrea	Asmara
Ethiopia	Addis Ababa
Kenya	Nairobi
Madagascar	Antananarivo
Malawi	Lilongwe
Mauritius	Port Louis
Mozambique	Maputo
Rwanda	Kigali
Seychelles	Victoria
Somalia	Mogadishu
South Sudan	Juba
Tanzania	Dodoma
Uganda	Kampala
Zambia	Lusaka
Zimbabwe	Harare

Southern Africa

COUNTRY	CAPITAL / ROLE
Botswana	Gaborone
Eswatini	Mbabane (administrative); Lobamba (royal and legislative)
Lesotho	Maseru
Namibia	Windhoek
South Africa	Pretoria (administrative); Cape Town (legislative); Bloemfontein (judicial)

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Make the pairs stick.

African capitals / A reusable recall routine

01 Read & locate

Choose five pairs from the reference. Find each country on a map and say both names.

02 Cover & recall

Cover the capitals. Write your answers below, then check the reference and correct mistakes.

03 Reverse & revisit

Name the country from its capital. Recheck missed pairs tomorrow before adding more.

Your five-pair practice set

Name _____ Date _____

COUNTRY

CAPITAL FROM MEMORY

01 _____

02 _____

03 _____

04 _____

05 _____

Next review _____ Pairs to revisit _____

Keep practising

Free study resources at geocapitals.app. Optional GeoCapitals app for iPhone and iPad.