

Americas capitals

35 country entries / Regional reference / Read. Cover. Recall.

North America

COUNTRY	CAPITAL / ROLE
Canada	Ottawa
Mexico	Mexico City
United States	Washington, D.C.

Caribbean

COUNTRY	CAPITAL / ROLE
Antigua and Barbuda	St. John's
Bahamas	Nassau
Barbados	Bridgetown
Cuba	Havana
Dominica	Roseau
Dominican Republic	Santo Domingo
Grenada	St. George's
Haiti	Port-au-Prince
Jamaica	Kingston
Saint Kitts and Nevis	Basseterre
Saint Lucia	Castries
Saint Vincent & the Grenadines	Kingstown
Trinidad and Tobago	Port of Spain

Central America

COUNTRY	CAPITAL / ROLE
Belize	Belmopan
Costa Rica	San José
El Salvador	San Salvador
Guatemala	Guatemala City
Honduras	Tegucigalpa
Nicaragua	Managua
Panama	Panama City

South America

COUNTRY	CAPITAL / ROLE
Argentina	Buenos Aires
Bolivia	Sucre (Constitutional) / La Paz (Govt)
Brazil	Brasília
Chile	Santiago
Colombia	Bogotá
Ecuador	Quito
Guyana	Georgetown
Paraguay	Asunción
Peru	Lima
Suriname	Paramaribo
Uruguay	Montevideo
Venezuela	Caracas

SCOPE & NOTES

35 country entries across North America, Central America, the Caribbean and South America. Capital roles are included where relevant. Use the online reference and your course list for context.

Make the pairs stick.

Americas capitals / A reusable recall routine

01 Read & locate

Choose five pairs from the reference. Find each country on a map and say both names.

02 Cover & recall

Cover the capitals. Write your answers below, then check the reference and correct mistakes.

03 Reverse & revisit

Name the country from its capital. Recheck missed pairs tomorrow before adding more.

Your five-pair practice set

Name _____ Date _____

COUNTRY

CAPITAL FROM MEMORY

01	_____	_____
02	_____	_____
03	_____	_____
04	_____	_____
05	_____	_____

Next review _____ Pairs to revisit _____

Keep practising

Free study resources at geocapitals.app. Optional GeoCapitals app for iPhone and iPad.